

# unlock<sup>the</sup> mystery

## National Mental Health Conference Workshops

**-Monday, June 23, 2008-**

1:30pm-2:45pm

### **Stages of Treatment and Changes for Persons with Mental Illness and Substance Abuse Disorders**

Presenter: Jennifer Wright, LSW, ACT Center of Indiana

Focus: All

In mental health and criminal justice fields, services are often delivered in a way that, although well-intended, “miss the mark” on what the client really needs to achieve: wellness and rehabilitation. Using the Stages of Treatment/Stages of Change Model will teach the provider how to identify where a client is in their change process as well as which types of interventions “fit” with the specific stage of change. The appropriate use of this model can increase client motivation toward rehabilitation as well as reducing provider burnout.

### **Lake County – Indiana Forensic Diversion Program**

Presenters: James Berman, MA, Director of Contracted Clinical Services, Southlake Center

Focus: Adult/Juvenile Addiction

The Lake County Forensic Diversion Program’s design and structure will be presented, emphasizing the significance of developing effective and meaningful interagency relationships and understanding of the importance of a correctional oriented, cognitive behavioral curriculum and milieu, and the components and services provided. The program’s outcome statistics and client recidivism rates will be compared against those of untreated offenders who receive incarceration only. Resources and literature regarding Forensic Diversion Programs will be provided.

Co-Presenters: Linda Grove-Paul, MPA & David Garner, MPA

### **Sex Offender Containment and Accountability Program (SOCAP)**

Presenter: Superintendent Wendy Knight, Plainfield Correctional Facility, Indiana Department of Correction

Focus: Adult Sex Offenders

This workshop will describe a facility-wide accountability and treatment program for incarcerated adult sex offenders. All facility staff are challenged to identify and confront criminal thinking patterns with special emphasis on power and control tactics similar to those used during victimization. The centerpiece of the program is the SOCAP team meeting through which an individualized accountability plan is generated every thirty days.

Co-Presenters: William Elliott, Ph.D. & Melissa Gharst

### **New Advances in the Identification and Treatment of Youth with Sexually Aggressive Behaviors**

Presenter: Jim Dalton, Psy.D., HSPP, Child Psychologist, Vice President and COO of Damar Services, Inc.

Focus: Juvenile Sex Offenders

Over the past five years, significant advances in the identification, treatment, and transition of youth sex offenders have emerged to result in best practice approaches to this population and their families. This workshop will identify research-based best practices that have resulted in a state-wide training and credentialing model for professionals intervening with and monitoring these youth toward more effective outcomes. Treatment advances will be discussed and reviewed in the context of literature-based, trauma-informed approach approaches.

Co-Presenter: Brian Bill, LMHC, CSAYC

### **“Suicide Proofing” High Security Prisons**

Presenters: Superintendent Ed Buss, Indiana State Prison, Indiana Department of Correction

Focus: Adult Mental Illness

This workshop describes a proactive approach to the identification and elimination of structural and procedural factors which make it easier for suicidal offenders to kill themselves. The role of custodial staff as vital members of the multidisciplinary suicide prevention team will be examined. In addition, the strategic deployment of specially trained inmates in the service of suicide prevention will be discussed.

Co-Presenters: Frank Masley, Mark Levenhagen & Jeffrey Batchelor

### **Youth Suicide: Recognizing the Warning Signs**

Presenter: Joni Irwin, Jason Foundation: For the Awareness and Prevention of Teen Suicide

Focus: Juvenile Mental Illness

The Jason Foundation is a nationally recognized provider of educational curriculums and training programs for students, educators, youth workers and parents. Jason Foundation's programs build an awareness of the national health problem of youth suicide, educate participants in recognition of "warning signs or signs of concern," provide information on identifying at-risk behavior and elevated risk groups, and direct participants to local resources to deal with possible suicidal ideation.

### **Sex Offender Treatment and Educational Program**

Presenter: Tim Greathouse, Program Director, Pendleton Juvenile Correctional Facility, Indiana Department of Correction

Focus: Juvenile Sex Offenders

We will discuss the current state of juvenile sex offenders in Indiana, current treatment modalities and approaches, the Sex Offender Treatment and Education program outline, the OUTREACH program outline, and current trends in sex offender assignments.

### **The Role of the Polygraph in Sex Offender Treatment**

Presenter: Neil Remaklus, Remaklus Polygraph

Focus: Adult Sex Offenders

In the last decade, the use of the polygraph in the State of Indiana has progressed from random testing of individuals for independent reasons to a tool widely used to verify a person's sexual history and present behavior in relation to sex offender counseling and supervision. Participants will learn the various forms of testing currently in use and the specific purpose of each test.

### **East Mississippi Correctional Facility: "A Special Needs Facility for Mentally-Challenged Inmates"**

Presenter: Tom Moore, Ph.D., The Geo Group, Inc.

Focus: Adult Mental Illness

Special needs population, in particular mentally-ill inmates, requires individualized individual treatment plans and intervention strategies to address their psychiatric needs. EMCF strives to assist inmates to achieve their maximum level of competency, coping with demands of daily living.

### **Characteristics of Adult Sex Offenders: What Do We Know?**

Presenter: Robert McGrath, MA, Clinical Director, Vermont Department of Corrections  
Focus: Adult Sex Offenders

This workshop will examine what current data tells us about sexual victimization and sex offenders, why experts believe that individuals commit sex offenses, and what the implications of these particular findings might be for our efforts to treatment and manage sex offenders.

**3:00pm-4:15pm**

### **Gang Intervention for Youthful Offenders**

Presenter: Chris Blessinger, Juvenile Services Program Director, Indiana Department of Correction  
Focus: Juvenile/All

Pendleton Juvenile Correctional Facility was given the opportunity to develop, implement, and pilot the first gang intervention program for juvenile offenders. The program is called Gang Realities in Our World (GROW) and it focuses on gang intervention and personal growth. This workshop will discuss how offenders are identified for the program and treatment options for them.

Co-Presenter: Eric Courtney

### **Developing an Inmate Accountability Plan**

Presenters: Ronald Smith, Ph.D., Director of Psychology, Vermont Department of Correction & Thomas Simpatico, MD, Director of Psychiatry and Division Director of Public Psychiatry, University of Vermont College of Medicine  
Focus: Adult/Juvenile Mental Illness

The workshop will explore the disciplinary process for inmates with mental illness and define the key role that mental health professionals can play within the course of a disciplinary action. The workshop will explore the issue of inmate accountability and provide a semi-structured approach to integrating competency, responsibility, and the opportunity to promote behavioral change via the development of an inmate accountability plan.

### **A New Direction: A Cognitive-Behavioral Treatment Curriculum for Chemically Dependent Offenders**

Presenter: Derrick Crim, MA, LADC, CSAC, Senior Trainer, Hazelden Publishing

Focus: Adult/Juvenile Addiction

This workshop will describe a manualized protocol for the cognitive-behavioral treatment of substance abusing offenders. The curricula for the program are divided into modules that address the following areas: (a) Intake and Orientation (b) Criminal and Addictive Thinking, (c) Drug and Alcohol Education, (d) Socialization, (e) Relapse Prevention, (f) Release and Reintegration Preparation, and (g) Co-occurring Disorders. This workshop examines its practical application and efficacy.

### **Re-Entry: Returning the Sex Offender into the Community: “The Good, the Bad and the Ugly.”**

Presenter: Denise Ware-Poukish, MS, LMHC, District Coordinator, Liberty Health Services

Focus: Adult Sex Offenders

Adult sex offenders returning to the community are among the most feared individuals of our time. With the increase of community awareness about sex offenders there also comes a multitude of obstacles in trying to provide a supportive, positive transition for the sex offender leaving prison. This session will identify the obstacles facing this population and describe the Indiana Sex Offender Management Re-Entry Program model.

### **Managing Self-Injurious Behavior: Case Study**

Presenter: John Wilson, Ph.D., MHM Services, Inc.

Focus: Adult Mental Illness

Behavioral management interventions offer the best hope of reducing recurrent self-injurious behavior among inmates with significant behavioral disturbance. In this presentation, participants will learn how to understand severe self-injury within a correctional setting; the types of incentives, safety interventions and skills training required for effective behavioral interventions; ethical guidelines to which behavioral interventions must adhere; and principles of consistency, collaboration and monitoring that are crucial for supporting behavioral change.

### **“Psychiatry for Non-Psychiatrists?”**

Presenter: Kevin Kallas, MD, Director of Psychiatry, Wisconsin Department of Corrections

Focus: Adult Mental Illness

This workshop will provide an overview of medications, principles of prescription in a correctional environment, most frequently abused medications in prison, and what types of mental health presentations should be referred to medical services to rule out a medical problem.

### **Transitioning from Corrections to Community: Psychiatric Care**

Presenter: Darla Henshaw, MD, Regional Psychiatric Director, Correctional Medical Services

Focus: Adult Mental Illness

Attendees will learn about providing appropriate psychiatric medication and treatment in light of current budgetary constraints and the difficulties offenders face in transitioning back into community-based care.

### **Risk-Based Treatment Strategies for Sex Offenders**

Presenter: Adam Deming, Psy.D., Indiana Sex Offender Management Program Director, Liberty Behavioral Health Corporation

Focus: Adult Sex Offenders

This presentation will provide an overview of risk-based treatment strategies with sex offenders. Various models for conceptualizing and utilizing sex offender risk factors will be presented. A description of the Indiana Sex Offender Management and Monitoring Program risk-based treatment program will be provided, as will recommendations for implementing risk based strategies with sex offenders in both correctional and community settings.

### **Diagnostic and Demographic Profiles of Illinois' Sexually Violent Persons**

#### **Population**

Presenter: Shan Jumper, Ph.D., Clinical Director, Illinois Department of Human Services

Focus: Adult Sex Offender

Twenty-one jurisdictions in the United States have enacted civil commitment laws for high-risk sex offenders since 1990. Although the legal descriptions of individuals eligible for commitment are spelled out in each state or federal law, as mental health professionals treating these individuals we know very little about the characteristics of offenders who comprise these highly specialized populations

Co-Presenter: Mark Babula, Ph.D.

### **An Introduction to Motivational Interviewing**

Presenter: Tim Gearhart, MSW, Indiana University Purdue University Indianapolis

Focus: All

Motivational Interviewing is a clinical skill set that is geared towards eliciting behavior change. In this presentation, participants will have the opportunity to learn the principles, spirit, and basic clinical components of Motivational Interviewing.

**-Tuesday, June 24, 2008-**

**8:30am-9:45am**

**Juvenile Intake Screening**

**Presenter:** Acting Superintendent Lori Harshbarger, Logansport Juvenile Reception and Treatment Facility, Indiana Department of Correction

**Focus:** Juvenile/All

Presenters will discuss screening tools and techniques used to identify mental health, sexual offender, and substance abuse treatment needs upon intake into a juvenile correctional setting in Indiana. The goal is to reduce the risk of dangerous behaviors while in the correctional setting and to provide services to juveniles identified with special needs. Special emphasis will be placed on assessing youth's risk for sexual predation or victimization.

Co-Presenters: Spencer Booth, Psy.D., Brian Hutner, Psy.D., Katie Knutson, MPA, and Donna Totten

**Pre-Release Screening of Sexually Dangerous Offenders**

**Presenter:** Mark Hanlon, Ph.D., Psychologist, Bismarck Maximum Security Facility, North Dakota Department of Corrections

**Focus:** Adult Sex Offenders

This small study examines empirically the wisdom of specific procedures used by the North Dakota Sexual Predator to screen soon-to-be-released sex offender for referral to State's Attorneys for consideration of civil commitment. It also reveals the influence of "history" or in this case a specific notorious and heinous offense upon public policy and the procedures used for such referrals.

**Using a Common Assessment of Needs and Strengths Across the Service Systems**

**Presenter:** Betty Walton, Ph.D., Walton Consultants, Indiana University School of Social Work, Indiana Family & Social Services Division of Mental Health & Addiction

**Focus:** Juvenile Addiction

Mental health and addiction services are provided through multiple public service systems. The Child and Adolescent Needs and Strength Assessment (CANS, Lyons, 1999) is an information integration tool which can be used to improve communication across the systems, engage youth and families while identifying needs and strengths, support decisions about intervention plans and intensity of services, monitor outcomes and improve the quality of care. This workshop will introduce the tool and share Indiana's implementation experience.

### **Team Building**

Presenter: John Israel, Psy.D., Health Service Administrator, Westville Correctional Facility, Indiana Department of Correction

Focus: All

This seminar is dedicated to creating positive treatment team development by understanding Bion's Work Group and the Basis Assumptions Group, then applying these two concepts to the stages of development suggested by Vorrath and Brendtro.

Co-Presenters: Rachel Ross, Ph.D., MD & Superintendent Bill Wilson

### **Self-Mutilation: Understanding and Treatment**

Presenter: James Freidle, Ph.D., Clinical Director of Behavioral Health Services, Correctional Medical Services

Focus: Adult Mental Illness

The goals of this presentation are to separate suicide from self-mutilation, and look at why people self mutilate. Based on this understanding, this workshop will look at treatment and examine how treatment approaches are related to diagnosis. Finally, attendees will review the use of behavioral contracts and behavior modification with inmates.

### **The Assertive Community Treatment Model for Seriously Mentally Ill Offenders (Part I)**

Presenter: Angela Rollins, Ph.D., ACT Center of Indiana/ Research Director, Assistant Professor, IUPUI

Focus: Adult Mental Illness

Assertive Community Treatment (ACT) is an evidence-based practice in mental health services, with decades of well-controlled research evidence to support its effectiveness in reducing hospital use, improving housing stability, and increasing retention in treatment for clients with severe mental illnesses. Despite the model's potential promise for application to criminal justice populations with severe mental illnesses, the evidence remains confined to small pilot studies and uncontrolled program evaluations. In this two-part presentation, we describe the basic ACT model components and discuss further model development underway across the country to apply ACT to people with SMI in criminal justice settings.

Co-Presenters: Jonas Thom, M.A., PCC & Lia Hicks, MBA



### **Mental Health Education for Prison Staff**

Presenter: Kellie Meyer, MS, Criminal Justice Director, National Alliance on Mental Illness of Indiana

Focus: Adult Mental Illness

NAMI Indiana offers a ten hour educational series regarding the nature of and treatment for various mental illnesses frequently manifested by prison inmates. Program evaluation has indicated a seventy percent reduction in the use of force following this training. The success of this program in two states has led to the creation of Peer to Peer mentoring and reentry initiatives.

Co-Presenters: Paige McGuire, MA, & William Elliott, Ph.D.

### **Sex Offender Registration and Community Notification 101**

Presenter: Brent Myers, Director of Registration & Victim Services, Indiana Department of Correction

Focus: Adult Sex Offenders

This session will introduce individuals to the basics of sex offender registration and community notification efforts. It is intended for those who do not have any or have little prior knowledge on these issues. The course will review the history of registration and community notification activities and explore changes in federal sex offender legislation. The participants will walk away with an understanding of sex offender registration and community notification efforts and how they have evolved over the last two decades.

### **Pennsylvania Sexual Responsibility and Treatment Program**

Presenter: Tara Travia, Ph.D., Clinical Psychologist, Pennsylvania Sexual Responsibility and Treatment Program and Liberty Behavioral Health, Torrence State Hospital

Focus: Adult Sex Offenders

This workshop will be a discussion of the Pennsylvania Sexual Responsibility and Treatment Program's unique population of sex offenders. Discussion will focus on consequences of the civil commitment law and specific treatment modalities used with this population. Similarities and differences between prison-referred and juvenile placement-referred civilly committed men will be discussed.

### **Hearing from the Horses Mouth: Actual Clients Speak their Peace**

Presenter: Eric Hochs, HOCCS, Reporting

Focus: Adult Mental Illness

There are many differences in effectively interacting with private clients versus court ordered defendants. This workshop will reveal specific obstacles that clients from the court system encounter. We will learn of specific challenges that this population faces. Exploring client's actual daily activities, such as, obtaining employment or getting transportation or filling out forms for disability, will open your eyes to the complexity of community integration.

**10:00am-11:15am**

**Developmental Factors in Criminal Behavior and Substance Abuse**

Presenter: Martha Levey, MA, Affiliated Service Providers Indiana, Inc.

Focus: Adult/Juvenile Sex Offenders

This workshop will identify key behavioral markers viewed in early development which are associated with later offending. In addition, a brief overview of the addiction process and the complications offered through the lenses of poverty and gender build participant awareness of the need for responsive and effective programming.

Co-Presenter: Shelly Hellmann

**Cognitive Behavioral Treatment of Sleep Disorders**

Presenter: Beltran Pages, Ph.D., Psychiatrist, MHM Correctional Services, Inc

Focus: Adult Mental Illness

Sleep disorders are a common presentation in the correctional setting. Inmates often are directly referred to health services or psychiatry and treated with medication that is often maintained for extended periods of time. Cognitive/Behavioral interventions as well as relaxation is a proven intervention that has no negative consequences and is a good first line response to this issue. A good diagnostic workup that includes a sleep log and later referral to a 4 session group module is to be the first line of intervention. The protocol and group modules will be covered.

Co-Presenter: Herb Yelverton, Ph.D.

**Introducing the Adults Needs and Strength Assessment**

Presenter: Betty Walton, Ph.D., Walton Consultants, Indiana University School of Social Work, Indiana Family & Social Services Division of Mental Health & Addiction

Focus: Adult Addiction

Mental health and addiction services are provided through multiple public service systems. The Adult Needs and Strength Assessment (ANSA, Lyons, 1999) is an information integration tool which can be used to improve communication across systems, engage individuals while identifying needs and strengths, support decisions about intervention plans and intensity of services, monitor outcomes and improve the quality of care. This workshop will introduce the tool and possible uses.

### **Understanding the Stakes in Juvenile Bonding**

**Presenter:** Carolyn Gentle-Genitty, MSW, ABD, Assistant Director for Labor Studies, Indiana University/ After Care for Indiana for Mentoring, Indiana University School of Social Work

**Focus:** Juvenile/All

Valuing a person or property is largely contingent on the stakes or investment a juvenile has in said person or property. These stakes are formed through opportunities for social bonding. Failure to recognize the need and enhance opportunities for juvenile bonding limits the value, belief, commitment, and involvement the juvenile has with conventional cognitive processes and increases the strain they experience and express.

### **Suicide Prevention: Correctional Medical Services National Protocol**

**Presenter:** Cindy Harvey, R.N., Behavioral Health Clinical Supervisor, Correctional Medical Services

**Focus:** Adult Mental Illness

Realizing the daily challenges faced by site leadership, CMS' Corporate Behavioral Health Department designed a "ready to assemble" suicide prevention program that provides not only increased resources and guidance, but also makes it easier for site leadership to implement a successful suicide program. These prevention resources are organized into a user-friendly "Suicide Prevention in a Box" format to facilitate use and distribution by site leadership at their designated facilities. This comprehensive suicide prevention program individually addresses all critical aspects recommended by national suicide prevention experts and regulatory entities.

### **The Assertive Community Treatment Model for Seriously Mentally Ill Offenders (Part II)**

**Presenter:** Angela Rollins, Ph.D., ACT Center of Indiana/ Research Director, Assistant Professor, IUPUI

**Focus:** Adult Mental Illness

Assertive Community Treatment (ACT) is an evidence-based practice in mental health services, with decades of well-controlled research evidence to support its effectiveness in reducing hospital use, improving housing stability, and increasing retention in treatment for clients with severe mental illnesses. Despite the model's potential promise for application to criminal justice populations with severe mental illnesses, the evidence remains confined to small pilot studies and uncontrolled program evaluations. In this two-part presentation, we describe the basic ACT model components and discuss further model development underway across the country to apply ACT to people with SMI in criminal justice settings.

Co-Presenters: Jonas Thom, M.A., PCC & Lia Hicks, MBA

### **Recidivism and Mental Illness**

Presenter: James Francis DeGroot, Ph.D., Director of Mental Health/Mental Retardation, Georgia Department of Correction

Focus: Adult Mental Illness

The Georgia Department of Correction releases over 2,000 mentally ill inmates each year. Research has been conducted to monitor recidivism rate and reasons for this population. We will discuss findings from our research to include services prior to release and after release. The correlation between housing and income as a factor in recidivating will be discussed. Barriers to successful re-entry into the community, along with some interventions that will be helpful and easy to implement, will be presented.

Co-Presenter: Eleanor L. Brown, LPC

### **Sex Offender Registration, Community Notification, and Emerging Issues 201**

Presenter: Brent Myers, Director of Registration & Victim Services, Indiana Department of Correction

Focus: Adult Sex Offenders

This session is designed for those who already have a basic understanding of sex offender registration and community notification efforts. It will explore recent developments in registration and community notification (i.e., Adam Walsh Child Protection and Safety Act) and emerging issues such as safety zones, lifetime supervision requirements, GPS/electronic monitoring, etc. Participants will walk away with a better understanding of the issues states face in regards to sex offender management and monitoring.

### **The Effectiveness of Depo-Lupron on Sexual Arousal as Indicated by the Penile Plethysmograph Testing**

Presenter: Michael Bednarz, MD, Illinois Department of Human Services

Focus: Adult Sex Offenders

This study evaluates the effectiveness of anti-androgen treatment (Depo-Lupron) on sexual arousal as indicated by penile plethysmograph (PPG) testing. The subjects are 80 adult male sex offenders currently housed under the Sexually Violent Person Act in the Illinois Department of Human Services Treatment and Detention Center. Preliminary data analyses indicate a strong treatment effect in that subjects treated with Depo-Lupron demonstrate a significant reduction in deviant sexual arousal as measured by the PPG.

Co-Presenter: Adbi Tinwalla, MD

### **Bridging the Gap between Mental Health and Custody Staff**

Presenter: James Holwager, Ph.D., Chief Psychologist, North Branch Correctional Institution, Maryland Department of Public Safety and Correctional Services

Focus: Adult/Juvenile Mental Illness

In corrections, new programs are looked at with significant skepticism. We make sure new programs are built for evidence-based practices, but we may have forgotten the most important component which is staff buy-in? Mental Health and custody staff often have a communication rift that sabotages many good programs. This program will focus on communication techniques and planning strategies that are designed to assist in building that bridge between mental health and custody professionals.

**1:45pm-3:00pm**

### **Multidisciplinary Treatment Planning**

Presenter: Sharon Barboza, Ph.D., MHM Correctional Services, Inc.

Focus: All

This session provides clinicians with strategies and skills for producing progress notes that speak to an individual inmate's specific treatment plan and progress towards treatment goals. It will provide an overview on how to write measurable treatment goals, formulate progress notes that speak to those specific goals, and transform notes that are descriptions of status into progress notes. Hands-on exercises allow participants to practice these skills and receive feedback from other clinicians.

### **Beginning the Crisis Intervention Team Process in Your Community**

Presenter: Dottie Davis, Deputy Chief, Fort Wayne (Indiana) Police Department

Focus: Adult Mental Illness

Crisis Intervention Team (CIT) is a community partnership of law enforcement, mental health professionals, and family members. The goal of the program is to help persons with mental illness access medical treatment rather than placing them in the criminal justice system for illness related behaviors. This involves 40 hours of specialized training regarding mental illness, de-escalation techniques, and community mental health resources for law enforcement officers.

### **The Indiana Access to Recovery Project**

**Presenter:** April Schmid, Program Coordinator of Indiana Access to Recovery, Indiana Family & Social Services Administration Division of Mental Health and Addiction

**Focus:** Adult Addiction

This workshop will provide an overview of the Substance Abuse & Mental Health Services Administration (SAMHSA) Access to Recovery grant, including goals of the program and data from the first round of grantees. Indiana's program, which focuses on the criminal justice population, will be outlined as well as the relationship between the Indiana Division of Mental Health and Addiction and the Indiana Department of Correction. After the session, attendees will understand the benefits of the program as well as the process for evaluating eligibility and facilitating enrollment.

Co-Presenters: Charlotte Shoulders, MSW, & DeAnna Hoskins

### **“Getting Out for Good”**

**Presenter:** Ed Manier, Ph.D., Professor Emeritus, Philosophy and Philosophy of Science, University of Notre Dame & C. Robert Cloninger, M.D., Professor of Psychiatry and Genetics, Department of Psychobiology, Washington University School of Medicine

**Focus:** Adult Mental Illness

This session will present the “Getting Out for Good” curriculum currently being offered at the Indiana Department of Correction’s Westville Correctional Facility. The Temperament and Character Inventory (TCI) is a standardized instrument implemented by C. Robert Cloninger. The “Getting Out for Good” curriculum is a synthesis of work by C. Robert Cloninger, M.D. and William R. Miller, Ph.D., (“motivational interviewing”) which suggests that even a poorly motivated individuals can learn, in groups, behind bars, to overcome anti-social identities, cognition, emotion and behavior, although multiple exercises building on their signature strengths and virtues, and gradually taking control of previously impulsive behaviors rooted in the neuropsychological foundations of four basic traits of temperament.

### **The Autism Spectrum-Increasing Challenges for the Treatment and Legal Communities**

**Presenter:** Jim Dalton, Psy.D., HSPP, Child Psychologist, Vice President & COO, DAMAR Services, Inc.

**Focus:** Juvenile Mental Illness

Research indicates significant increases in the prevalence relate to Autism Spectrum Disorders. Children and young adults with Autism present specific challenges to the community in the areas of educational, behavioral, legal, and treatment approaches. This workshop will provide information regarding new advances in the identification and support of these individuals as well as some practical approaches for community management and response.

**Co-Presenters:** Leah McKenzie, MS, BCBA

### **Minimizing Correctional Mental Health Emergencies: Solutions for Dealing with Difficult Offenders**

**Presenter:** Derrick Baume, Psy.D., Lead Psychologist, Miami Correctional Facility, Indiana Department of Correction

**Focus:** Adult Mental Illness

Mental health-related emergencies are among the vast array of unsettling correctional events. These signal events often manifest in offender lying, agitation, or self-harm behavior. A portion of the offender population takes advantage of Mental Health departments for secondary gain purposes. Altering the perception of Mental Health Departments as “the path of least resistance” is a key component toward better utilization practice and institutional stability. Specific interventions are offered toward this goal.

### **Sex Offender Risk Assessment**

**Presenter:** Tracy Fintel, Ph.D., Clinical Director of Indiana Sex Offender Management and Monitoring, Liberty Behavioral Health

**Focus:** Adult Sex Offenders

This presentation will provide an overview of sex offender risk assessment. The importance of accurately assessing risk for recidivism will be discussed. A historical context for this type of assessment will be provided. Specific risk factors will be identified, and participants will learn about the different actuarial instruments used to evaluate risk. Further, different models for assessing risk will be described and compared. Finally, the Indiana Sex Offender Management and Monitoring Program’s approach to risk assessment will be presented.

### **Vicarious Traumatization**

Presenter: Pam Gremmels, MSW, Mental Health Director, Illinois Department of Corrections

Focus: Adult Sex Offenders

Mental Health Professionals that work with incarcerated persons encounter trauma survivors. They themselves are subject to vicarious traumatization (VT), a transformation within the self which impacts their identity and world view. This workshop addresses the acknowledgement and balance of VT, using recommendations by Pearlman & Saakvitne.

Co-Presenter: Amy Ray, Ph.D.

### **Specialized Treatment Needs within Sexually Violent Persons Population**

Presenter: Diana Dobier, Psy.D.,LCP, Director of Training & Research at Liberty Health Care, Treatment and Detention Facility, Illinois Department of Human Services

Focus: Adult Sex Offenders

The goal of this presentation is to address specialized programming approaches for two distinct subsets of the Sexually Violent Predator treatment population, those with either intellectual deficits/learning disabilities or high psychopathy. The first step in guiding these individuals to succeed in treatment is recognizing and addressing their specialized treatment needs. We discuss how programmatic changes were designed and implemented to address these needs, based on research and evidence-based practices.

Co-Presenter: Catie Furtado, Psy.D.

### **Coordinating Re-Entry Services for Mentally Ill Offenders**

Presenter: Sara Byczek, MS, Indiana State University

Focus: Adult/Juvenile Mental Illness

This presentation will provide suggestions for mental health and re-entry professionals in addressing the job challenges of mentally ill offenders. A case example will be provided highlighting the benefits of coordination between mental health and re-entry professionals to ensure appropriate services and success for this unique population.

Co-Presenters: Enrique Covarrubias, MA, & Brad Huffey Ph.D.



3:15pm-4:30pm

**Telemedicine for Rural Jail Mental Health Services**

Presenter: Jonathan Neufeld, Ph.D., Indiana Rural Health Specialty Exchange

Focus: Adult Mental Illness

The Richard G. Lugar Center for Rural Health recently completed its first full year of operation of a system to connect Hamilton Center, the local community mental health center, with the Vigo County Correctional Facility in order to provide tele-mental health consultation and treatment for inmates on both an urgent and routine basis. Over the course of the first year of operation, 4 urgent and 72 routine consultations for 33 individual inmates were completed with excellent overall results. This presentation will describe the process of implementation; identify important considerations for those interested in similar projects, and present selected results from the comprehensive evaluation that is an ongoing part of the project.

Co-Presenter: Eric Southard, RN, MSN, CNP

**Recruiting Mental Health Professional through Mental Health Internships**

Presenter: Donald Hands, Ph.D., Director of Psychology, Wisconsin Department of Corrections

Focus: Adult Mental Illness

A proven way to recruit and retain qualified mental health professionals is by establishing internship programs necessary for State licensure. How to establish an APA-approved pre-doctoral internship program in psychology in prison settings will be exemplified as one way within one field to accomplish this. A proven way to retain mental health professionals is to participate in the National Health Service Corps loan re-payment program that provides funds to licensed professionals to pay off their student loans. Participants will learn about these programs and how to get them started.

### **Transitional Living Services for Substance Abusing Offenders**

Presenter: Sharon Swan, R.M.N., R.N., Liberty Health Care Corporation, Bermuda

Focus: Adult Addiction

The Transitional Living Center is a unique rehabilitative program that combines Therapeutic Community and Work Release principles to facilitate successful reintegration into the community for substance abusing offenders. The inmates averaged 4.5 previous incarcerations. As a small island nation, the Bermudan program has the rare opportunity for 100% monitoring of long-term outcomes of all treatment participants. Data from seven years of operation show that the offenders who were released on parole after receiving multi-modal rehabilitative treatment and intensive employment support achieved a 3-year re-incarceration rate of just 7%, compared to 12% for the partial treatment group and 33% for the treatment drop outs.

Co-Presenter: Jerry Jennings, Ph.D.

### **“I’ve got your back”**

Presenter: Carolyn Burns, Ph.D., Assistant Professor of Nursing, Indiana State University

Focus: All

There are good days and bad days working in corrections. This workshop will address the skills needed to deal with challenging days. Corrections is a team sport. Learn how to become a team player and get in the game.

### **The Indiana Juvenile Mental Health Screening, Assessment and Treatment Pilot Project**

Presenter: April Vanlonden Degner, MDiv, PMC, Indiana Juvenile Mental Health Screening, Assessment and Treatment Pilot Project

Focus: Juvenile Mental Illness

The Indiana Juvenile Mental Health Screening, Assessment and Treatment Pilot Project is a state-wide collaborative bringing routine and systematic mental health screening to Indiana’s youth entering detention centers. Six counties are participating in the state-wide pilot project and will discuss the implementation of this project, and how it is affecting their local communities.

Co-Presenters: Amy Karozos, J.D., Kristi Bruther, MSW, MBA, Alison Cox & Jason Bower

### **The Penile Plethysmograph and the Treatment of Sex Offenders**

Presenter: Peter Byrne, Ph.D., Behavioral Technology, Inc.

Focus: Adult Sex Offenders

The purpose of this presentation is to educate individuals on the unique aspects of Penile Plethysmograph (PPG) evaluation in the assessment and treatment of sexual offenders. The presentation will describe the procedure in concrete terms to familiarize attendees with the process of running the assessment. Uses of the methodology in designing treatment plans as well as in the incorporation of the results into treatment are presented. Barriers to use of the methodology are identified along with methods to professionally address the barriers are presented.

### **Mental Health Diversion Programs: The Unique Operation of PAIR Mental Health**

Presenter: Michael Trent, LSW, QMHP, Forensic Mental Health Coordinator, Midtown Community Mental Health

Focus: Adult/Juvenile Mental Illness

Panel will discuss a unique nationally recognized Pretrial Mental Health Diversion program – PAIR. It has successfully operated for over 10 years and diverted thousands of mentally ill individuals from the criminal justice system.

### **Treatment of Mentally Ill Offenders; Peruvian Comparison**

Presenter: Brad Huffey, Ph.D., Associate Professor, Saint Mary of the Woods College, and Psychologist, Wabash Valley Correctional Facility, Indiana Department of Correction

Focus: Adult Mental Illness

This presentation will provide an international perspective on incarceration practices and treatment of mentally ill offenders in Peru, South America. Differences between incarceration practices in the United States and Peru will be examined. In addition, challenges faced by the prison system will be discussed, including providing services with limited resources, dealing with political prisoners, and responding to the August 2007 earthquake.

## **The New Generation of Sexually Violent Predator Laws: Management and Treatment of High Risk Sexual Offenders**

Presenter: Shan Jumper, Ph.D., Clinical Director, Illinois Department of Human Services

Focus: Adult Sex Offender

This presentation will provide general background information on states with civil commitment laws for sexual predators. Common characteristics of this legislation will be explored, including the legal and clinical criteria necessary for the civil commitment process. Basic treatment and management strategies for this population will be explored, including group psychotherapy, “chemical castration,” and intensive community supervision. The rights of civilly committed sexual offenders along the legal and treatment continuum will be explored and discussed among the group participants.

Co-Presenter: Anita Payne, LCSW

## **How to Manage Adult Male Sex Offenders Using the Containment Model**

Presenter: Tamara Redman, MS, Ed., District Supervisor of Indiana Sex Offender Management, Liberty Behavioral Health Corporation

Focus: Adult Sex Offenders

The workshop will focus upon adult male sex offenders, and how to manage them within a containment model. This workshop will allow the participant an opportunity to learn what containment meetings are, and attendees will be given an opportunity to participate in a "mock containment meeting". Participants will role play parole agents, therapists, and offenders.